

# Santosh™

## SANTOSH™ ROTI ORIGINAL & WHOLE WHEAT

Santosh™ promises our premium quality roti for you and your family to enjoy with any meal! Our traditional-style roti is made using carefully selected ingredients delivering pliable and delicious roti.



### ORIGINAL

Nutrition Facts Valeur nutritive	
Per 1 roti (40 g) pour 1 roti (40 g)	
<b>Calories 130</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides 3.5 g</b>	<b>5 %</b>
Saturated / saturés 1 g	5 %
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides 21 g</b>	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 1 g	1 %
<b>Protein / Protéines 3 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 350 mg</b>	<b>15 %</b>
Potassium 125 mg	4 %
Calcium 50 mg	4 %
Iron / Fer 1.25 mg	7 %

\*5% or less is a little, 15% or more is a lot  
\* 5 % ou moins c'est peu, 15 % ou plus c'est beaucoup

**Ingredients:** Water, Enriched wheat flour, Enriched durum wheat flour, Canola and modified palm and modified palm kernel oil shortening, Sugar, Vegetable oil, Salt, Vegetable mono- and diglycerides, Baking soda, Potassium sorbate, Sodium acid pyrophosphate, Calcium propionate, Fumaric acid, Guar gum, Cellulose gum, L-cysteine hydrochloride, Enzymes, May contain vinegar.  
**Contains:** Wheat.  
**May contain:** Sesame, Soy.

### WHOLE WHEAT

Nutrition Facts Valeur nutritive	
Per 1 roti (40 g) pour 1 roti (40 g)	
<b>Calories 130</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides 4 g</b>	<b>5 %</b>
Saturated / saturés 1 g	5 %
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides 20 g</b>	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 1 g	1 %
<b>Protein / Protéines 4 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 340 mg</b>	<b>15 %</b>
Potassium 125 mg	4 %
Calcium 40 mg	3 %
Iron / Fer 1 mg	6 %

\*5% or less is a little, 15% or more is a lot  
\* 5 % ou moins c'est peu, 15 % ou plus c'est beaucoup

**Ingredients:** Whole wheat flour, Water, Canola and modified palm and modified palm kernel oil shortening, Sugar, Vegetable oil, Salt, Vegetable mono- and diglycerides, Baking soda, Potassium sorbate, Sodium acid pyrophosphate, Calcium propionate, Fumaric acid, Guar gum, Cellulose gum, L-cysteine hydrochloride, Enzymes, May contain vinegar.  
**Contains:** Wheat.  
**May contain:** Sesame, Soy.

